

Joint Base Journal

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JOINT BASE ANACOSTIA-BOLLING

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Navy Marine Corps Relief Society kicks off campaign

BY SENIOR AIRMAN
JACLYN McDONALD
JOINT BASE ANACOSTIA-BOLLING
PUBLIC AFFAIRS

The Navy-Marine Corps Relief Society (NMCRS) held their annual kick-off event at the Washington Navy Yard Conference Center March 7.

The NMCRS was founded in 1904. It is a private, non-profit charitable organization, sponsored by the Department of the Navy and operates nearly 250 offices at Navy and Marine Corps bases around the world on land and at sea.

The Society was incorporated in the District of Columbia and is headquartered in Arlington, Va. It is managed by a board of directors whose members are active duty, retired, or spouses of the Naval Services.

The organization owes much of its success to the personal involvement of commanders as well as the Marines and Sailors who contribute. Civilians may also make donations, but the goal of the program is to target active duty personnel who may opt to set up allotments.

"The goal is to stretch the service member's dollar as much as possible," said Melodie Weddle, NMCRS director, Washington Navy Yard.

The mission of the NMCRS is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.

Among the programs offered are financial counseling, no-interest loans, grants, various support services, as well as referrals to other community-based resources when available. The society offers their services to active-duty and retired active and reserve component Sailors and Marines, including eligible family members of deceased active-duty and retired active and reserve component Sailors and Marines; reservists on extended active duty greater than 30 days; impoverished widows and mothers, 65 years or older, of deceased service members who have limited resources



U.S. AIR FORCE PHOTOS BY SENIOR AIRMAN JACLYN McDONALD

Melodie Weddle, left, Navy Rear Adm. Patrick Lorge, and Marine Corps Brig. Gen. Robert Ruark observe as the Navy-Marine Corps Color Guard present the colors for the Navy Marine Corps Relief Society (NMCRS) kick-off at the Washington Navy Yard Conference Center March 7. In 2010, the NMCRS provided nearly \$50 million in almost 100,000 relief cases.

and no family to provide for their welfare; ex-spouses who have not remarried and whose marriage to a service member lasted for at least 20 years while the service member was on active duty.

"The services are also uniquely private," said Weddle. "We don't give information to a Marine or Sailor's command that they are using our services. We respect the confidentiality of all our customers so they can get help without fear of reprisal."

"My wife works as a physician's assistant at Bethesda and sees first-hand the importance of caring for the families of wounded service members," said Marine Brig. Gen. General Robert R. Ruark, assistant deputy commandant for installations and logistics. "This program is imperative to that type of help."

For more information or to donate, log on to <http://www.nmcrs.org/>. Active-duty members should contact their command's key NMCRS person or the

National Capital Region Reps. For the Marine Corps, 1stLt. Ariana Klay ariana.klay@usmc.mil; for the Navy, LSC (SW) Sean Taitt, sean.taitt@navy.mil; CSC(SS) vernon.lacy@navy.mil; or Navy Capt. Eric Young eric.c.young@navy.mil.

Those unable to donate financially may still contribute to the NMCRS by volunteering.

For additional information on volunteering, e-mail melodie.weddle@nmcrs.org.

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JBAB celebrates Black History Month



U.S. AIR FORCE PHOTOS BY SENIOR AIRMAN STEELE C. G. BRITTON

Actress Lillian Garland plays the role of Elizabeth Keckly, a seamstress of the rich and famous during the Civil War and slavery time period, as she shows off her freedom papers at a Black History Month event Feb. 28, 2011, at the chapel on Joint Base Anacostia-Bolling. Black History month events were held during the month of February with Department of Defense's focus this year of African Americans during the Civil War. Guest speakers, singers, base leadership and members of JBAB all took part in the events to honor and re-visit America's history.



Mr. Quintin Lyton, Joint Base Anacostia-Bolling Gospel Choir director and pianist performs music for those in attendance at a Black History Month event Feb. 28, 2011, at the chapel on Joint Base Anacostia-Bolling. Lyton sang songs that were popular to those during Civil War and slavery times.

Portraits in Women's History: Col. Monique Minnick

BY SENIOR AIRMAN SUSAN MORENO
JOINT BASE ANACOSTIA-BOLLING PUBLIC AFFAIRS

"Personnel is not for the faint of heart," said Col. Monique Minnick, sitting across a small table at the Joint Base Anacostia-Bolling (JBAB) Starbucks. "Very early on, I learned to look for other peoples' needs. Personnel changes with every person. You have to ask yourself, are you willing to get in the middle of other peoples' messes?"

Colonel Minnick, who is the individual mobilization assistant to the Air Force Element commander and Joint Base Anacostia-Bolling vice commander, is a fourth-generation, self-proclaimed 'military brat,' and the eldest daughter of an Air Force pilot who flew at the height of the Viet Nam War.

From the time she was very young, spirituality played a crucial role in Colonel Minnick's life and had a great influence in shaping the kind of woman and the kind of leader she is, she said.

Her father was raised with a strong Catholic upbringing, and her mother with an equally strong Baptist upbringing. She noted how their religious differences created friction between her parents for five years until they moved to Hawaii in 1976.

"Back then, that kind of difference in religious beliefs between a married couple was difficult to get past," she said. "At one point in 1977, my father began to focus more on a personal relationship with God, and we were baptized together on Easter Sunday in 1978."

Colonel Minnick said she draws her leadership philosophy and style straight from the pages of the Bible.

"One of my favorite books in the Bible is Micah," she said. "It's a powerful book about what God requires of leaders. God holds leaders responsible for creating an environment of justice in Micah 6:8; Act justly, love mercy and walk humbly with God. God expects leaders to guard the poor and oppressed, those without an advocate; leaders must motivate, not manipulate; and woe to those who abuse power."

One of the best examples of this comes from April 1993-June 1994, when she served as the 554th Red Horse squadron section commander at Osan Air Base, Korea, as one of only 10 women assigned to the unit, and the only female officer.

"While I was there, I turned Article 15s around by 300 percent because I got in peoples' lives," she said. "It took me being in the area when they would go out on weekends and giving up some of my personal time, but it was worth it."

Another noteworthy assignment in her career came in June 1998 when she was assigned to the Virginia Military Institute (VMI) as the assistant professor of aerospace studies. Upon Congressional mandate that women would be allowed to enter previously all-male military universities, she was assigned to the VMI to help train the first class of women.

"To me, the best thank you I can get from anyone is to see them succeed," she said.

Colonel Minnick explained that as an officer from the ranks of O-1 to O-5, it's not uncommon to become involved in the "nitty-gritty" when dealing with people.

"As an O-6 and above, it's a different story," she said. "As soon as people see the eagles on your collar, they put you on a pedestal. They think you're too busy to deal with what they've got going on, and for me, that just isn't true."

"Some people make the assumption that women aren't capable," she said. "But as women, we have to be willing to step into the fray. Every day, every situation is a choice. There is a reason for every situation you're placed in. I don't call them coincidences, I call them 'God-incidences.'"

Editor's note: March is Women's History Month. This is the second in a series of features throughout the month featuring accomplished women in the Joint Base Anacostia-Bolling community.

The JBAB Women's History Month Committee is accepting nominations for 'JBAB's Woman of the Year'! Nominees may be any female member of the JBAB community. Submissions must be 100 words or less and must include the nominee's contact information. The top three submissions will be announced at the WHM luncheon 11 a.m. March 29 at the Bolling Club. The winner will be announced at the end of the event.



March is Women's History Month. Col. Monique Minnick, individual mobilization assistant to the Joint Base Anacostia-Bolling (JBAB) vice commander and Air Force Element commander, is the second in a series of features about accomplished women in the JBAB community that will run throughout the month of March.

U.S. AIR FORCE PHOTO BY SENIOR AIRMAN SUSAN MORENO

WOMEN'S HISTORY MONTH

JOINT BASE ANACOSTIA-BOLLING WASHINGTON, DC

Events

JBAB Woman of the Year, 7-11 March
Submissions - 100 words or less
(All women eligible)
ami.parrish@afncr.af.mil

Women's Memorial Tour
16 March, 1000 hrs
Transportation provided
RSVP by 11 March
kalefonda.swain@afncr.af.mil
(202) 404-3252

Luncheon - 29 March, 1100 hrs
Tickets sold by unit reps or
contact TSgt Charmaine Kelley
(202) 767-4489

OUR HISTORY IS OUR STRENGTH

Joint Base Journal

JOINT BASE ANACOSTIA-BOLLING
WASHINGTON, D.C.

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Bill Cosby honored by Navy



U.S. NAVY PHOTO BY SENIOR AIRMAN STEELE C. G. BRITTON

Comedian Bill Cosby, Ph.D., and Master Chief Petty Officer of the Navy Rick D. West are all smiles at a press conference Feb. 17 at the U.S. Navy Memorial. Entertainer Bill Cosby was named a honorary Chief Petty Officer in the Navy with one-hundred plus Navy 'Chief's in attendance to include the Secretary of the Navy Ray Mabus.



U.S. AIR FORCE PHOTO BY SENIOR AIRMAN SUSAN MORENO

Army Maj. Gen. Patrick A. Murphy, New York National Guard adjutant general, swears in the newest members of the New York National Guard at an oath of enlistment and assumption of command ceremony for the Joint Air Defense Operations Command (JADOC) March 8 at the Bolling Club Tuskegee Room.



New York Air National Guard adds 45 new Airmen

FROM A PRESS RELEASE BY
THE NEW YORK STATE DIVISION OF
MILITARY AND NAVAL AFFAIRS AND
SENIOR AIRMAN SUSAN MORENO
JOINT BASE ANACOSTIA-BOLLING
PUBLIC AFFAIRS

Forty-five Air National Guard members who support the Air Force component of the ground-based air defense of Washington, D.C., were sworn into the New York Air National Guard in an assumption of command ceremony here March 8.

Following the recognition of the distinguished visitors and introduction of the official party, including Army Maj. Gen. Patrick A. Murphy, New York National Guard adjutant general, and Air Force Maj. Gen. Garry C. Dean, Continental U.S. North American Aerospace Defense Command Region and 1st Air Force, Air Forces Northern commander, was the New York Air National Guard oath of enlistment ceremony, and the assumption of command ceremony.

These Airmen are the newest members of the New York ANG's Eastern Air Defense Sector (EADS), based at the Griffiss Business and Technology Park in Rome, N.Y.

The members of the former 24th Expeditionary Air Defense Squadron were transferred from federal control under the Air Force Northern Command, to state control under EADS, which is responsible for air defense of the United States east of the Mississippi.

The mission of the Air Guardsmen will remain the same, and they will continue to serve in the Washington, D.C.-area as part of the National Capital Region Integrated Air Defense System which includes both Air and Army National Guard elements. They are now Detachment 1 and Detachment 2 of the Eastern Air Defense Sector.

"Mission accomplishment will actually improve because of this new relationship," said Lt. Col. Brian Lehew, EADS Det. 1 commander. "There is a lot to be gained from this merger. Our training and mission execution is already good

now, and it's about to get even better."

"On behalf of New York and the New York National Guard, we want to welcome our new members serving in the National Capital Region," General Murphy said in a press release. "Our new detachments' geographic location makes them unique, but their mission is a familiar one. New York Air National Guardsmen at the Eastern Defense Sector have protected American airspace around the clock for more than 15 years and adding the new detachments will strengthen its ability to conduct this essential mission."

"The Eastern Air Defense Sector's mission has always included the National Capital Region and integrating the 24th Expeditionary Air Defense Squadron into EADS improves organizational and operational efficiency," said Col. John Bartholf, EADS commander. "Combining the units also expands the administrative, training and personnel support available to our new Airmen, which will enhance operational skills while providing additional opportunities for education and professional development."

Detachment 1 will operate as part of the Joint Air Defense Operations Center (JADOC) here. Detachment 2 will serve as the Department of Defense liaison at the NCR Coordination Center in Herndon, Va. The NCRCC is an information sharing and coordination center for the federal agencies responsible for monitoring the Washington, D.C., airspace.

The Eastern Air Defense Sector is staffed by active-duty New York Air National Guardsmen and a Canadian Forces detachment. The unit supports the North American Aerospace Defense Command's (NORAD) integrated warning and attack assessment missions and the U.S. Northern Command's (USNORTHCOM) homeland defense mission. EADS is responsible for air sovereignty and counter-air operations over the eastern United States and directs a variety of assets to defend one million square miles of land and sea.

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ORTHODONTIST - Kathy Marshall, DDS; PERIODONTIST - Justin Kleinman, DMD

Set your sights on \$74,760 for Air Force Assistance Fund

BY BENJAMIN NEWELL
AFAF PUBLICITY COORDINATOR

The Air Force Assistance Fund Campaign begins Monday, March 14 and runs through April 22, 2011. This year's AFDW campaign goal, based on military strength, is \$74,760.

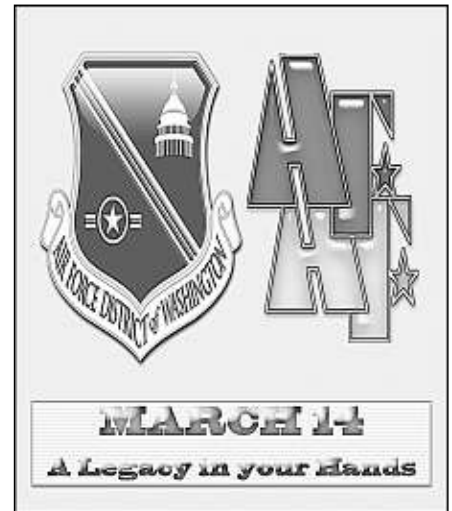
Anyone can contribute to this extremely worthwhile campaign that supports Air Force members, their families, widowed spouses and retirees. The Air Force Assistance Fund is the Official Charity of the U.S. Air Force and supports four organizations: The Air Force Aid Society, Inc., the Air Force Enlisted Villages, Inc., the Air Force

Villages, Inc., and the General and Mrs. Curtis E. Lemay Foundation.

These charities rely heavily on the donations from this once-a-year campaign, so it is a chance for donors to make a huge impact on our Air Force family through the donations collected for the next 6 weeks. If interested in giving, please contact your Unit Key Worker.

The AFDW campaign staff is focused on exceeding the overall campaign goals and has planned several events to make this year's campaign a command-wide success. Although a few are still in the planning stages, the first big event is an AFDW

Command Run, led by General McDew that will commence at 3:30 p.m., March 15 and will start at the football field near the Military Personnel Flight building on Joint Base Andrews – NAF Washington. This event will give General McDew the opportunity to address the participants on the importance of the AFAF and the importance of becoming an organization that gives back to our community. The show time for the fun run is 3:15 p.m. and will be approximately 2 miles. Although mandatory for all non-mission essential military servicemembers, civilians and contractors are invited to attend to participate.



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Air Force conservation programs score widespread victories

BY JENNIFER SCHNEIDER

AIR FORCE CENTER FOR ENGINEERING AND
THE ENVIRONMENT PUBLIC AFFAIRS

LACKLAND AIR FORCE BASE, Texas (AFNS) -- The Air Force is trustee to more than eight million acres of land, water and air assets, and is home to more than 70 threatened and endangered species.

Stewardship of these resources, in conjunction with sustainment of critical military mission activities, is a key priority for conservation programs across the Air Force, officials said.

Program achievements during fiscal 2010 were widespread, with many accomplishments in support of endangered species.

One of the installations achieving program victories in 2010 was Eglin Air Force Base, Fla. Measures taken by program officials there have resulted in population increases for both the Okaloosa darter and the red-cockaded woodpecker.

The darter relies on clear water streams, and approximately 95 percent of the total remaining population of the tiny endangered fish resides on the base. Base officials' efforts to abate erosion at stream crossings and improve crossing structures in critical habitat areas have resulted in a population increase and a determination by the U.S. Fish and Wildlife Service to down-list the species from "endangered" to "threatened" status.

The proposed rule is currently under review and will likely be published as a final rule in the federal register in the near future, according to base officials.

"It was up to the Air Force to make it or break it for this species," said Bruce Hagedorn, a supervisory biologist at Eglin AFB. "This was a monumental victory. It is the first vertebrate species down-listed solely by actions on a military installation."

The victory is the result of hard work and the implementation of innovative measures, such as creating and installing a sky-lighted culvert on Eglin AFB's golf course. The well-lit culvert encourages fish to travel through it while still allowing golfers to traverse the course.

Eglin AFB officials also made strides in protecting another endangered species on base: the red-cockaded woodpecker. Old-growth longleaf pine trees on the installation are the preferred habitat for the bird, and Eglin AFB's forest represents the largest contiguous tract of old-growth longleaf pine in the world.

Wildlife biologists at Eglin AFB have mapped, monitored and protected existing woodpecker clusters and created new nest sites for population expansion by drilling tree cavities.

Foresters implement periodic controlled burns and use timber sales to maintain and enhance the landscape of mature longleaf pines with an open understory that is preferred by the woodpeckers.

"Controlled burning is our single most important management tool," Mr. Hagedorn said. "People don't tend to think of forestry and burning and cutting down trees as going together, but it is very important after decades of fire suppression. The forest is dominated by pine trees, but they tend to get encroached on by oaks without controlled burning."

Controlled burns support the mission by reducing the quantity and density of hazardous fuels that may ignite from munitions testing activity on the range, according to Kevin Porteck, a natural resources subject-matter expert at the Air Force Center for Engineering and the Environment. When range operations inadvertently start a fire, the resulting fires are of lower intensity and easier to control.



COURTESY PHOTO

A red-cockaded woodpecker chick is held by a wildlife biologist at Eglin Air Force Base, Fla. Foresters implement periodic controlled burns to maintain the mature longleaf pine landscape and provide a suitable environment for the birds.

The Barry M. Goldwater Range in southwestern Arizona is also home to endangered species. The range provides an important landscape for military pilot training, while also supporting habitat for the Sonoran pronghorn antelope.

Long-term drought conditions caused the antelope's population to crash to a low of only around 20 animals in 2002. Since that time, management techniques and a collaborative partnership between the Air Force, Marine Corps, U.S. Fish and Wildlife Service, and Arizona Game and Fish Department have led to an increase in the population, with a current estimate of 68 free-ranging animals and 52 in a semi-captive breeding facility. At least 25 fawns were born in 2010.

"The biggest effort was construction of a semi-captive breeding pen, which encompasses a square mile," said Daniel Garcia, the chief of Environmental Science Management at Luke Air Force Base, Ariz. "The greatest threat is fawn survival. In other parts of the country, females typically deliver twins in early spring and wean in two months, giving the fawns all summer to fatten up for winter. In Arizona, the fawns are weaned when it is blistering hot with no rain for months. The intent with the breeding pens is to get them through their first summer. When we turn them loose, they have graduated from the 'Head-start Program' and are ready to go."

Plans are underway to establish a second population in a separate location, possibly at the Kofa National Wildlife Refuge in Arizona, to limit the impacts of potential disease and other factors on the population.

In partnership with the Ventura office of the USFWS, the Point Reyes Bird Observatory Conservation Science and the Western Foundation for Vertebrate Zoology, at Vandenberg AFB, Calif., was awarded the 2010 Coastal America Award. The Coastal America Partnership Award recognizes teams throughout the U.S. that demonstrate outstanding efforts to restore and protect coastal environments.

Vandenberg AFB officials are responsible for 42 miles of California coastline and manage the protection of 15 federally listed threatened and endangered species.

According to Rhys Evans, the natural resources lead at Vandenberg AFB, an important biodiversity goal is to promote



U.S. AIR FORCE PHOTO

More than 95 percent of the habitat for the endangered Okaloosa darter resides at Eglin Air Force Base, Fla. Efforts on the installation have led to a proposal to down-list the species from endangered to threatened status.

the population growth of the California Least Tern, a seabird on the endangered species list, while maintaining the health of the surrounding ecosystem.

To accomplish this objective, Vandenberg AFB officials established a Least Tern Management Team, which works collaboratively to accomplish management of this endangered species.

Base officials provide funding for the team, and they erected and maintain an electric fence around the colony.

PRBO Conservation Science biologists conduct daily population and productivity monitoring, while the Western Foundation for Vertebrate Zoology personnel engage in non-lethal removal of predators, and USFWS officials coordinate with all of the partners on the adaptive management of this resource.

While increasing population numbers was a goal for some natural infrastructure programs last year, Air Force Academy officials were tackling the opposite problem. Rising populations of mountain pine beetles have ravaged more than four million acres of lodgepole and ponderosa pine across Colorado, but proactive measures taken by the Academy team have successfully prevented the school's trees from suffering the same fate.

"We took an aggressive stance and are very optimistic," said Diane Strohm, a forester and natural resource planner at

the Academy. "The forest here is spectacular; if we are not vigilant and proactive, we could lose it."

Efforts to curtail an epidemic included combing the Academy with intensive field surveys to locate infested trees and promptly removing the trees to prevent further spread. The forestry staff there stepped up the forest thinning program as well, focusing on densely stocked forests that were at high risk for beetle attack due to heavy competition for water, nutrients and light.

Approximately 300 infested trees were removed in 2007 and only 12 in 2010.

Ms. Strohm said the Academy could have lost as many as 8,000 trees by this summer if these measures had not been taken.

"Years of fire suppression and a crushing, prolonged drought were a recipe for disaster," Ms. Strohm said. "Mountain pine beetles are an endemic part of the ecosystem and take out weakened trees. By enhancing tree vigor, forest thinning bolsters the residual trees' ability to repel bark beetle attack by pitching out the offending insects."

Air Force officials forecast widespread fiscal 2011 conservation program accomplishments, which underscore Air Force officials' dedication to integrating environmental stewardship and military mission capabilities.

PRT Kapisa's forgotten half: Female engagement teams

COMMENTARY BY CAPT ANN VOGHT
PROVINCIAL RECONSTRUCTION TEAM KAPISA

SOUTHWEST ASIA (AFNS) -- Halfway around the world and 5 months into the deployment has drastically changed my preconceived ideas of what my role would be as the provincial reconstruction team's female medical officer. If you told me in June 2010 that I would be in Afghanistan meeting with provincial leaders from the Department of Public Health or Department of Women's Affairs to assist and mentor the development of the Afghan health system and improve the lives of families through women's empowerment, I would have looked around trying to figure out who you were talking to.

I was supposed to be the medical provider for the PRT and run a clinic, or go out on missions when the medics were not available. What did I know about third-world country development or leading a female engagement team? As the saying goes, most of life is just showing up, so I showed up, and began sorting through the puzzle of Afghan women's issues and how I could best help put those pieces together.

When undergoing FET training, the enormity of the problems facing women in Afghanistan are overwhelming and heartbreaking. So many are overlooked, overworked and underprivileged at best, and beaten, burned, or killed in severe cases. They stay in the home to raise children, work the land, gather water and feed the family. A high percentage of women do not attend school past their teenage years and most do not know how to read or write.

They are not to be underestimated though. They efficiently run the households behind closed doors in unforgiving conditions, and are a network of information through the villages and at water collection points.

Despite their oppression and abuse, they are an invaluable part of the stability and rebuilding process of Afghanistan. Herein lies the problem: how do we tap this deep well of information and support systems when there are so many layers of obstacles involving tradition, men, burkas and mud brick walls?

Anyone who has been through Afghan cultural training knows that it is not acceptable to go up to a woman in a village or bazaar and start talking to her, even if you are female, but especially if you are a man.

The process to speak to an Afghan woman can be simple, but must be methodical. Once contact is made with a village, which will likely be through village elders or the mullah, a request is made to speak with or hold a shura with some mature females of the village regarding specific topics such as the health and welfare of the community. If there are no females in the team requesting the meeting, the answer will very likely be 'no.' With a female engage-



U.S. AIR FORCE PHOTO/STAFF SGT. KYLE BRASIER

Capt. Ann Voght meets with Ms. Kohistani, the director of the provincial department of women's affairs in Mahmud-E Raqi, Afghanistan. Captain Voght is a medical officer assigned to Provincial Reconstruction Team Kapisa.

ment team made of female military members, civilians, and very importantly, a female linguist, if trust is established, the door will be opened to a river of information and knowledge that would otherwise be swept away with the dust.

Once women are away from the men and have privacy, the scarves come off, the hair comes down, and chatting begins. This is not so different from a social setting in our own country; it just takes a few more steps to get there.

Afghan women are no different than any other women who want to have a safe place to raise their families, have access to water, food, essential goods and services, health care, education for the family and an income to provide these things. With the female's loyalty to the welfare of her family, she is very likely willing and able to provide useful

input on how to improve and stabilize her village. As long as communication is performed in a socially acceptable setting, the possibilities of the outcome are limitless.

PRTs spend enormous amounts of money and conduct countless missions to evaluate, rebuild and support the people of Afghanistan. Unfortunately, we miss a large percentage of the population in our endeavors when engaging females is not a priority. Emphasis needs to be focused on communicating with, educating and supporting women in the communities of Afghanistan. Incorporating FETs with the PRTs and providing the appropriate manning and tools for their success is an important step forward in a more comprehensive approach to strengthen Afghan families, enabling them to secure a productive future for themselves.

MCPON sends Seabee birthday message

SPECIAL FROM MASTER CHIEF PETTY OFFICER OF THE NAVY (MCPON) (SS/SW) RICK D. WEST
WASHINGTON (NNS) -- Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West released the following Seabee birthday message to the Fleet March 5.

"Shipmates,

For 69 years our Navy Seabees have been protecting the nation and serving the U.S. Navy with pride and outstanding dedication. The men and women of the Seabees, have been engaged globally, constructing bases, building airfields, roads, bridges and other support facilities, as well as below the world's oceans and waterways conducting underwater construction. Seabees play a very essential role in supporting the Fleet and Combatant Commands while carrying out our Navy's maritime strategy.

I've had the opportunity to visit Bees all around the world from your bases in Gulfport and Port Hueneme, to the deserts of Iraq and Afghanistan, and to the Western Pacific, and I'm always inspired by your determination and Esprit de Corps, whether in combat, humanitarian relief missions or helping to build communities or nations. Seabees live their motto of 'Seabees Can Do.'

Seabees continue to answer our nation's call to build and fight, provide needed humanitarian assistance and win the hearts and minds of local communities, governments and organizations through community relations projects worldwide, proving our great Navy is a Global Force for Good.

Thank you, Seabees, for what you do every day and for your continued service and dedication to our nation and our Navy.

Happy Birthday and OOOORAH Bee's!
Very Respectfully,
MCPON (Honorary Seabee)"

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MWR at a glance

ARTS & CRAFTS CENTER

BLDG. 4472
202-767-4422

SUPER YARD SALE & CRAFT SHOW
March 12 | 10 a.m.-2 p.m. | JBAB Exchange Parking Lot
It's time for spring cleaning! Create space in your garage, attic or shed and make some money in the process!
\$20 per space (includes one table and two chairs). Additional tables and chairs will be available for rent the day of the event.
Registration will end Thursday, March 10 at 8 p.m. Set-up will begin at 8 a.m. March 12. Rain Date is set for March 19.

INFORMATION, TICKETS & TOURS (ITT)
Bldg. 4472 (Arts & Crafts Center)
202-404-6576
Open Tuesday-Saturday 9 a.m.-6 p.m.

MOHEGAN SUN CASINO DAY TRIP
March 19 | 8 a.m.-11 p.m. | Poconos, Penn. | \$35
Bus will depart from Fitness Center II, Bldg. 419 parking lot at 8 a.m. Time allotted for casino play is six hours. Bus will return around 11 p.m. Price includes: motor coach transportation, continental breakfast, \$30 free slot play and \$10 food coupon.

RINGLING BROTHERS CIRCUS TICKETS
Purchase Ringling Brothers Circus

Tickets Now at ITT! Lower level section seats - \$19 per person (regular \$30)
Verizon Center Performance
March 25-27 – must pre-purchase tickets by March 17
Patriot Center Performances
April 15-17 – must pre-purchase tickets by April 7
April 23-24 – must pre-purchase tickets by April 14

KINGS DOMINION SEASON PASSES
Your 2011 Kings Dominion VIP Season Passes are now on sale at the JBAB ITT office! Passes are \$69, which includes free parking at the park.

DC UNITED HOME GAME TICKETS
Pre-purchase 2011 D.C. United Home Game Tickets at the ITT Office. Tickets must be purchased five business days prior to the game date. Tickets will be available for pick-up at the stadium will call booth. Prices Include:
Mezzanine - \$45.50 (regular \$52+tax)
VIP - \$34.75 (regular \$42+tax)
Premium - \$26 (regular \$32+tax)
Spectator - \$20.75 (regular \$23+tax)
Ask your ITT Representative for more information on season ticket packages as well.

DISNEY MILITARY PROMOTION
Offer good through Sept. 28
You can now pre-purchase 4-Day Park Hopper or 4-Day Base with water park for \$135.50 (regular price-\$304.59) or a 4-Day Park Hopper w/ Water Park for \$162 (regular price \$362.10).
Tickets may NOT be used on the fol-

lowing dates: April 17-23, 2011 and July 4 at Magic Kingdom only.
Ticket orders may take up to 15 business days.

FOXWOODS GREAT CEDAR CASINO HOTEL TRIP
May 25-27, | Mashantucket, Conn.
Package Includes: bus transportation, room, two \$10 food credits or full buffet, one food credit or breakfast buffet, \$25 Keno Coupon and a 20 percent off discount at any Foxwoods Gift Shop with purchase of \$25 or more on Foxwoods souvenirs.
Price per Person:
Single- \$368 | Double- \$269 | Triple- \$247
Final Payment due March 31, 2011

POTOMAC LANES

Bldg. 1310
202-563-1702

DOLLAR SUNDAYS
Warm up at the Potomac Lanes every Sunday and enjoy discounted bowling from noon to 4 p.m. for only \$1 per game per person. Shoe rental not included.

UNLIMITED COSMIC BOWLING
For an out-of-this-world bowling experience, there's nothing quite like cosmic bowling. Enjoy the futuristic sensation when we turn down the lights and fire up the cosmic show every Saturday after 6 p.m. There are dancing lights, hot music, glow-in-the-dark bowling lanes and pins!

New in March – DJ Chris from 7-11 p.m. Only \$20 per person & shoe rental is included!

LIBERTY CENTER

Bldg. 72
Now Open: noon-10 p.m. every day!
202-685-1802
Eligible Patrons: E1-E6 Single/Unaccompanied Active Duty Military

MARCH BIRTHDAY RECOGNITION
Happy Birthday March babies! If this is your birthday month please stop by the Liberty Center throughout March and receive a gift. You must show proof of your birthday.

NCAA COLLEGE BASKETBALL TOURNAMENT BRACKET
March 15
Pick-up your bracket at the Liberty Center and choose the team who will make it all the way to the championship game for a chance to win a prize!

ST. PATRICK'S DAY PRE-PARTY
March 17 | 6 p.m. | Liberty Center
Celebrate with Liberty at our St. Patrick's Day Pre-Party! Enjoy green treats, fun giveaways and a pre-celebration to the holiday!

TRIVIA NIGHT
March 24 | 6 p.m.
Trivia, pizza and prizes! Join Liberty for Trivia Night, our version of the popular game show Think Fast, to compete against your friends in a variety of trivia categories for prizes.

Men's Night

CASINO

Sat., March 19th

5pm - 8 pm

Odds of having FUN 1 to 1

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